

HOW TO ORGANIZE A SCREENING FOR YOUR PUPILS

Lydia and the Mist Rider will be released theatrically across Quebec on February 20, 2026. Since the film can serve as a basis for numerous classroom activities, we propose that you watch it with your pupils.

1. To organize a school screening of the film, contact the cinema closest to your school. If you're unable to make contact, don't hesitate to seek our help by writing to us at: info@maison4tiers.com
2. Ask the cinema manager about what's involved in organizing a school screening: group rates, room availability, etc.
3. Any cinema can set up a screening of the film. Don't hesitate to contact the cinema closest to you.

A Message for Teachers and Parents

This document is intended to stimulate discussion in a class or family setting, and to encourage learning about various topics contained in the film. You will find suggested activities that can be modified and easily adapted to different levels of difficulty, for primary school grades K to 6 as well as secondary school grades 7-8.

Younger children will enjoy answering questions orally, making associations and drawing; older ones can take a more in-depth approach. All the answers to the questions are located at the end of the guide, along with a selection of online references.

You can use the coloured dots below, indicating difficulty level, to help with your choice of activities. The dots appear in the lower left-hand corner of each activity page.

Grades K-2

Grades 3-6

For everyone



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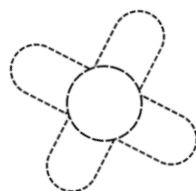
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LYDIA AND THE MIST RIDER



SYNOPSIS

When her older brother Thaddeus is mysteriously kidnapped by the Spellbinder, 11-year-old Lydia sets off to find him in the Misty Sea. After being picked up by the crew of the Dolphin, a flying ship, Lydia becomes an apprentice to Ambrosia, an astromagician.

Ambrosia is searching for other missing children, including her own son. Determined to solve the mystery, Lydia must master astromagic so that she can confront the Spellbinder.

PRODUCTION TEAM

Production Company
Producer
Directors

Screenplay written by
Art Director
Animation Director
Picture Editor
Sound Designer
Music Composer

10TH AVE PRODUCTIONS
NANCY FLORENCE SAVARD
EMILIE ROSAS
PHILIPPE ARSENEAU BUSSIÈRES
NANCY FLORENCE SAVARD
EMILIE ROSAS
PHILIPPE ARSENEAU BUSSIÈRES
YANN TREMBLAY
RENÉ CARON
JÉRÔME BOITEAU
JEAN-FRANÇOIS RACINE

PRINCIPAL VOICES

Lydia
Ambrosia
Captain Chadio
Lucas
The Spellbinder

SOPHIE NÉLISSE
SARAH BOOTH
MIZINGA MWINDA
HASANI FREEMAN
ALEXANDRE BACON

LYDIA AND THE MIST RIDER



Important Facts – Questions!

1. The book that the story is based on was published in what year?

- a. 1534
- b. 1996
- c. 2020

2. How many people worked on the creation of this film ?

- a. About 50
- b. About 100
- c. More than 150

3. How many songs are there in the film?

- a. 2
- b. 3
- c. 4

4. How long did it take to make this film based on the book?

- a. 2 years
- b. 5 years
- c. 10 years
- d. 15 years

5. Where was this film produced?

- a. In Ontario
- b. In Quebec
- c. In various parts of Canada

Connection Game: Who Am I?

Connect each character description to the right character!

Esther

Lucas

Ambrosia

Critter

Chadio

Lydia

The Spellbinder

1. She's a 10-year-old girl, determined and brave. We follow her adventures through the whole story.
2. This little creature is Lydia's faithful companion, always at her side, and always making us laugh!
3. He's the villain of the story, who kidnaps children to prevent them from experiencing sadness and disappointment.
4. She's a great and powerful astromagician who lives on a ship called the Dolphin and uses her powers to guide the vessel.
5. He's the son of the Dolphin's captain. Over the course of the story, he'll become Lydia's best friend!
6. This character is responsible for leading the crew and making sure the Dolphin is in good condition.
7. This grandmother is always cheerful, but she doesn't want Lydia and Thaddeus to practise astromagic!

The Constellations

The constellations play a very important role in the story.

Astromagicians use the constellations to:



Cast spells and defend themselves



**Navigate on the Misty Sea
and guide ships in the right
direction**



Perform the ritual of the Hunting Dogs



The Constellations – Did You Know...

The constellations that we can see vary depending on the earth's changing position relative to the sun. This change is known as a revolution. Each revolution of the earth around the sun takes about 365 days, which is a period of one year.

This revolution is also responsible for the different seasons.

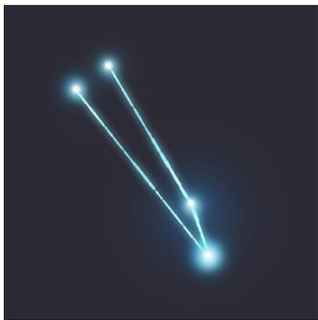
**One revolution takes _____ days,
which is equivalent to _____ year.**



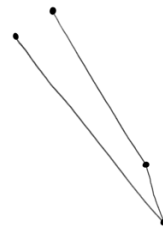


Activity: Creating Constellations

Connect the dots to create a constellation based on the image.
Here's an example:

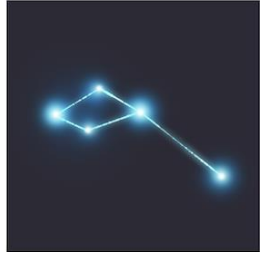


Circinus

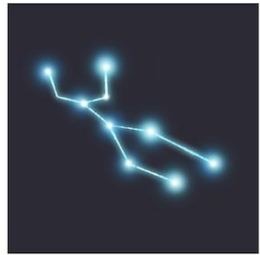


Activity: Creating Constellations

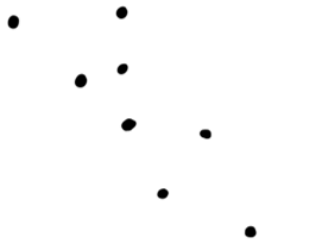
Connect the dots to create a constellation based on the image.



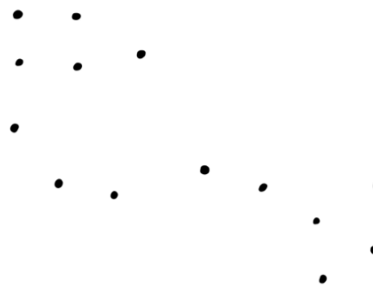
Delphinus



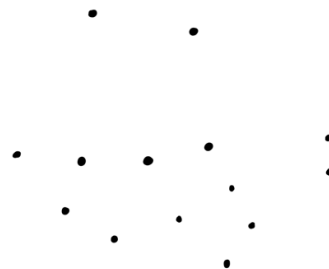
Taurus



Scorpius

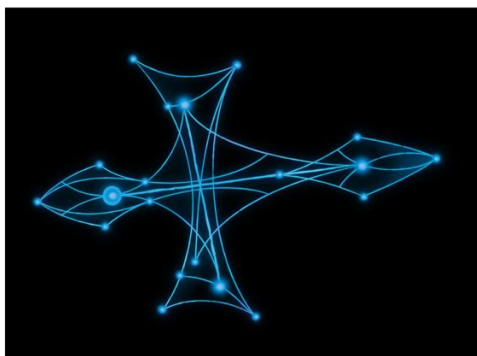


Argo Navis

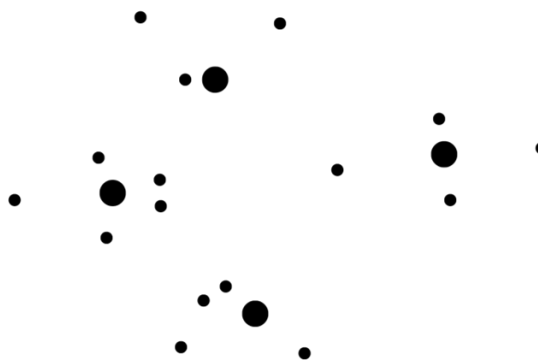


Activity: Creating Constellations

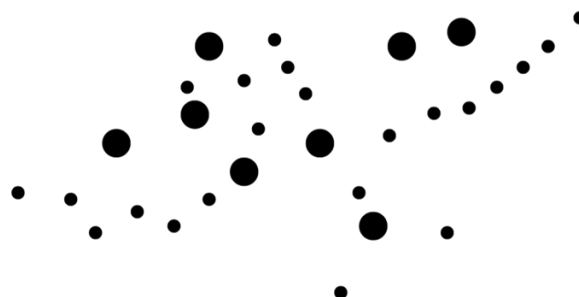
Connect the dots to create a constellation based on the image.



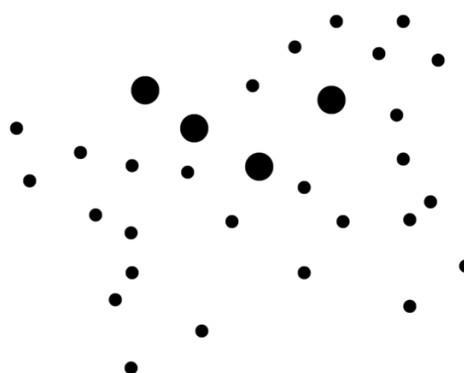
Crux



Aquila



Canes Venatici



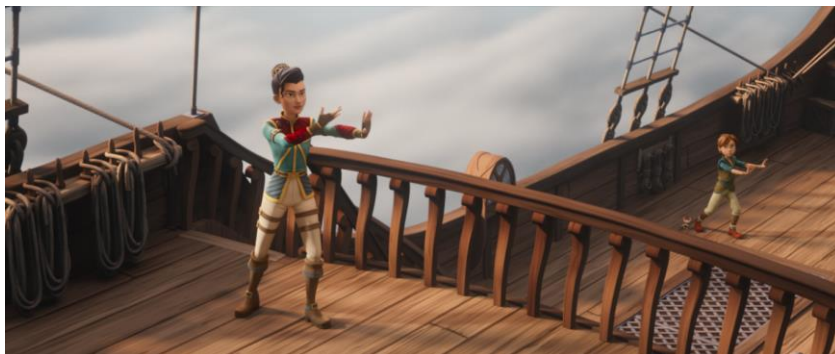
Activity: Creating Constellations

Now it's your turn! Create your own constellation here:

Do you like the result? Ask one of your parents to share your drawing on social networks, mentioning @10aveprod.

Constellation Manual

Here are the constellations that are often used by the astromagicians in the film. Learn to recreate them, memorizing the hand gestures so that you can use them and become a true astromagician yourself!



To reproduce the constellations and master the art of astromagic, imagine that the images shown below are like a mirror. So the left side of the image corresponds to your left, and the right side of the image corresponds to your right. The following pages will show you how to create the constellations with your hands so that you can be an astromagician!

Follow the direction of the arrows, keeping in mind that the letter R means you should move your right hand, and the letter L means you should move your left hand. When both letters appear (L-R), that means you should move both hands at the same time.

Attacks



Sagitta



Scorpius



Aries



Alpha Arietis

Defence



Testudo

Navigation



Argo Navis



Libra



Dorado



Delphinus



Taurus



Aquila



Pegasus

Ritual of the Hunting Dogs



Pixis Nautica



Circinus



Crux



Sextans



Telescopium



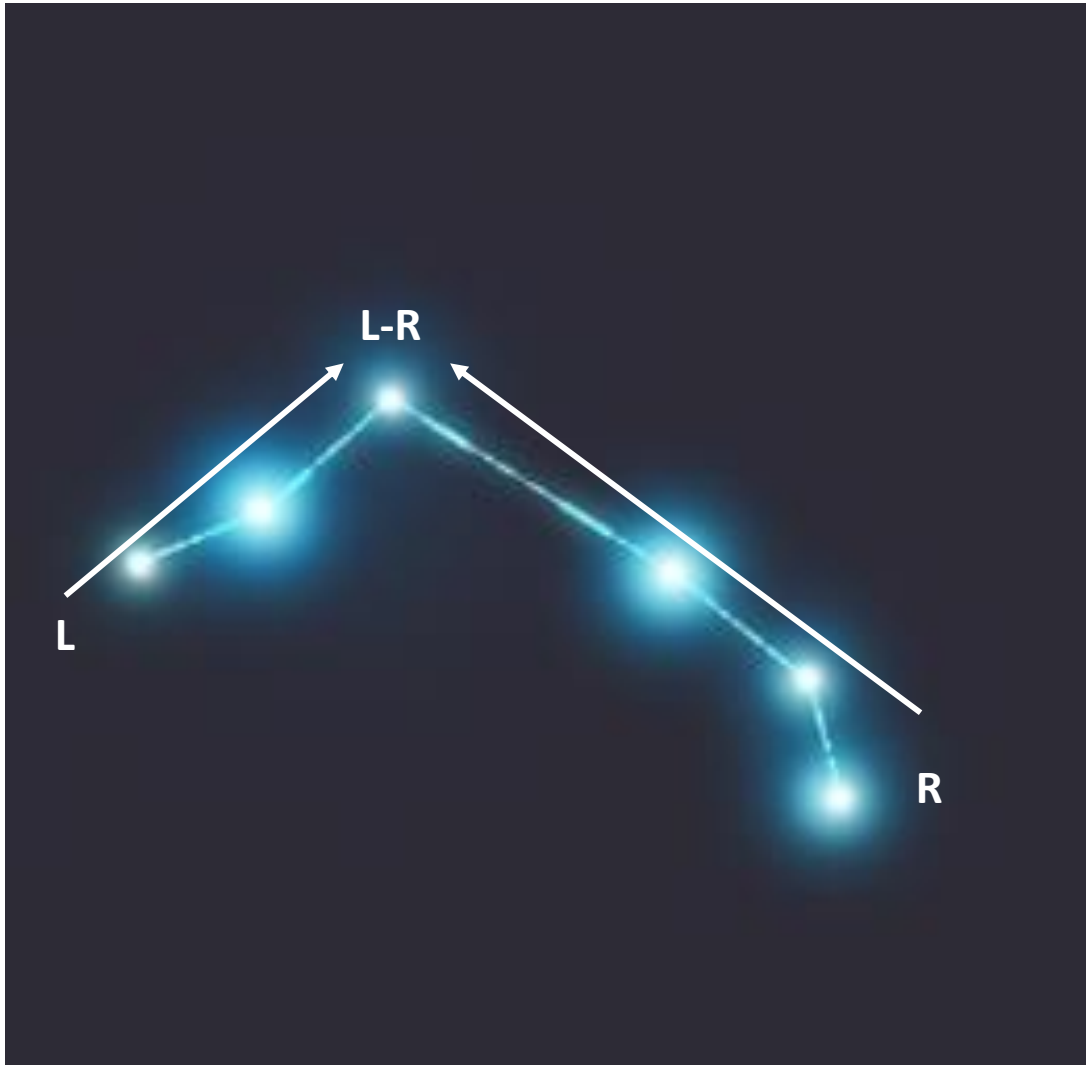
Reticulum



Canes Venatici

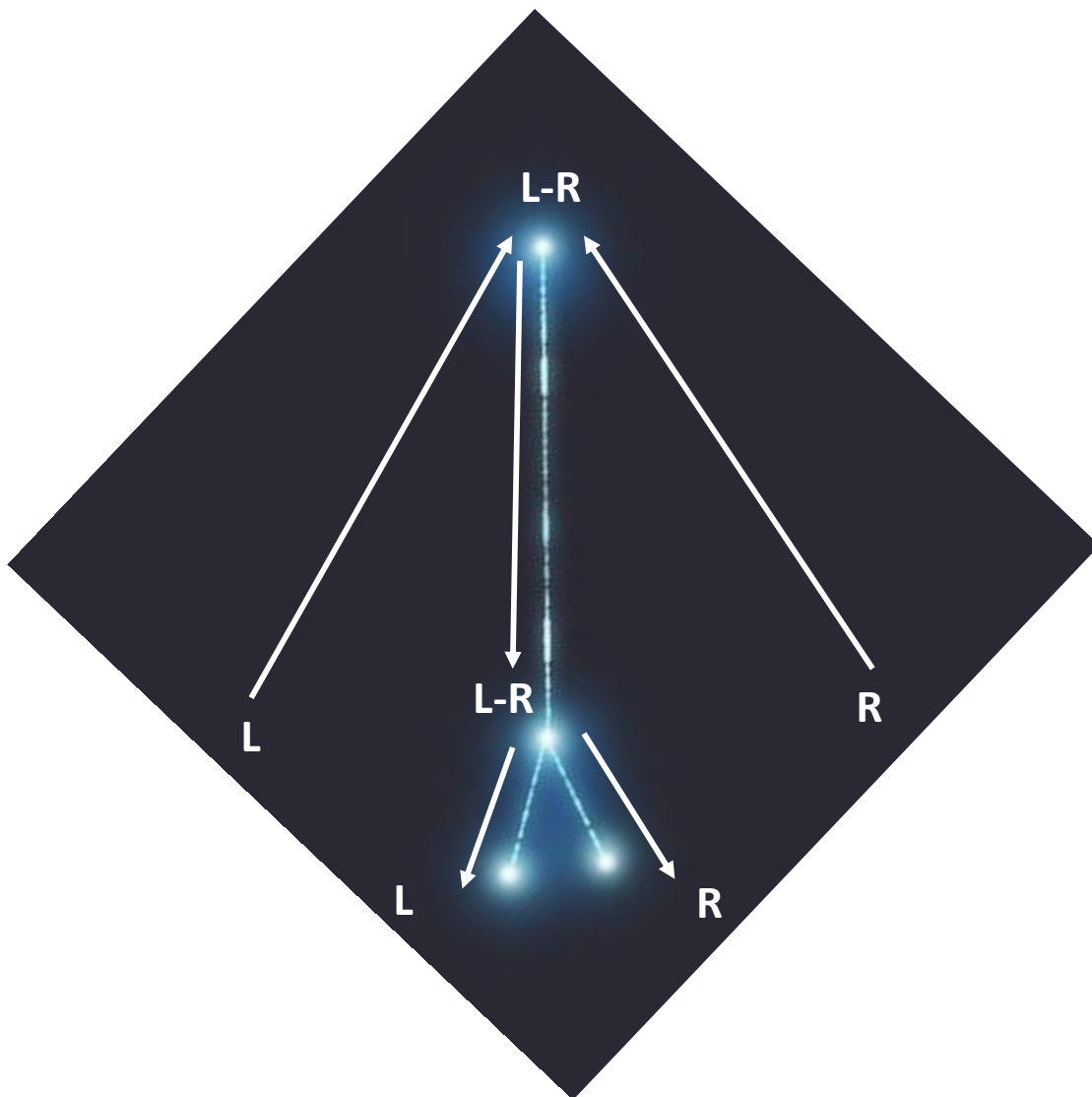
Constellation Manual (continued)

Alpha Arietis



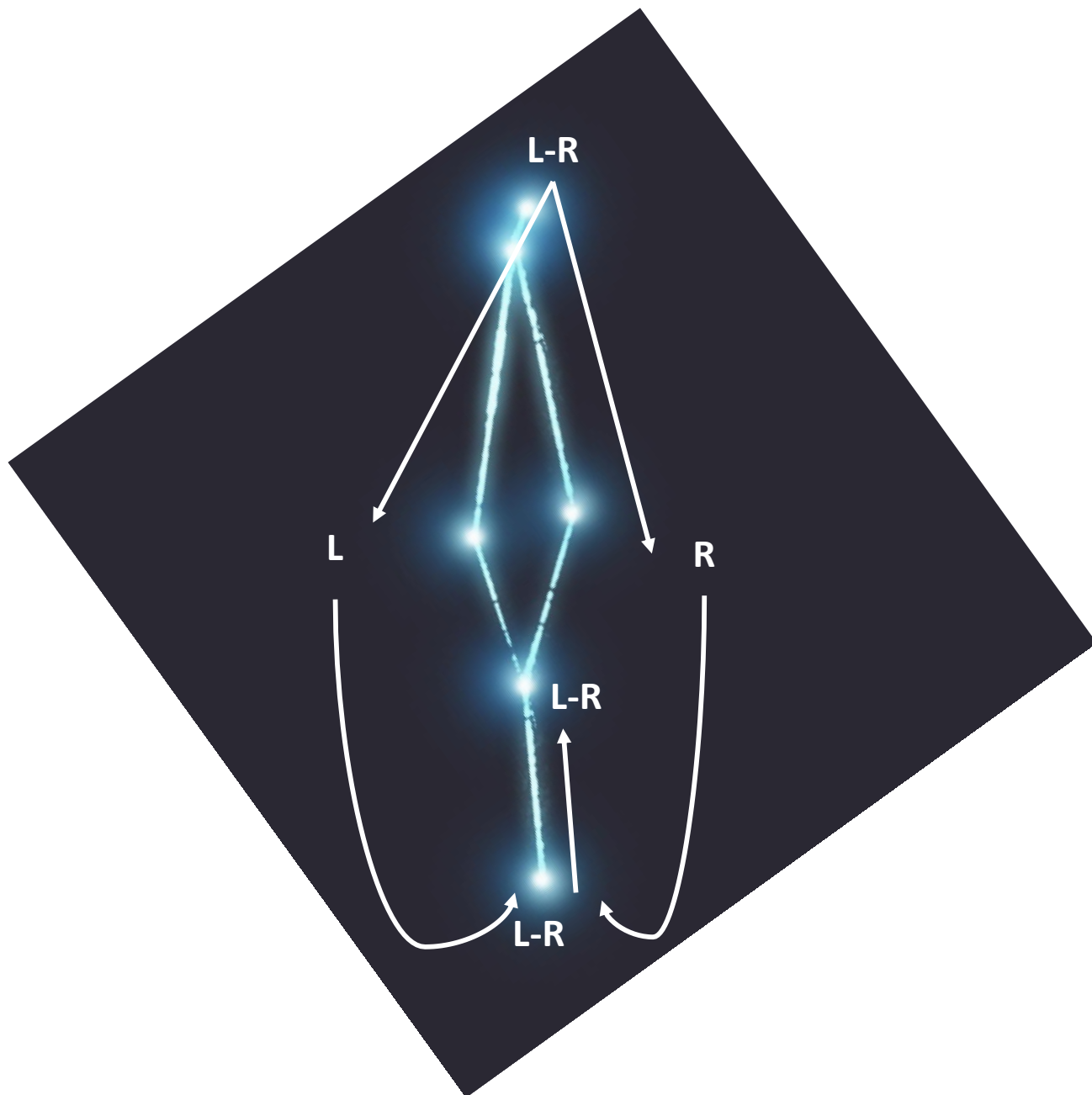
Constellation Manual (continued)

Sagitta



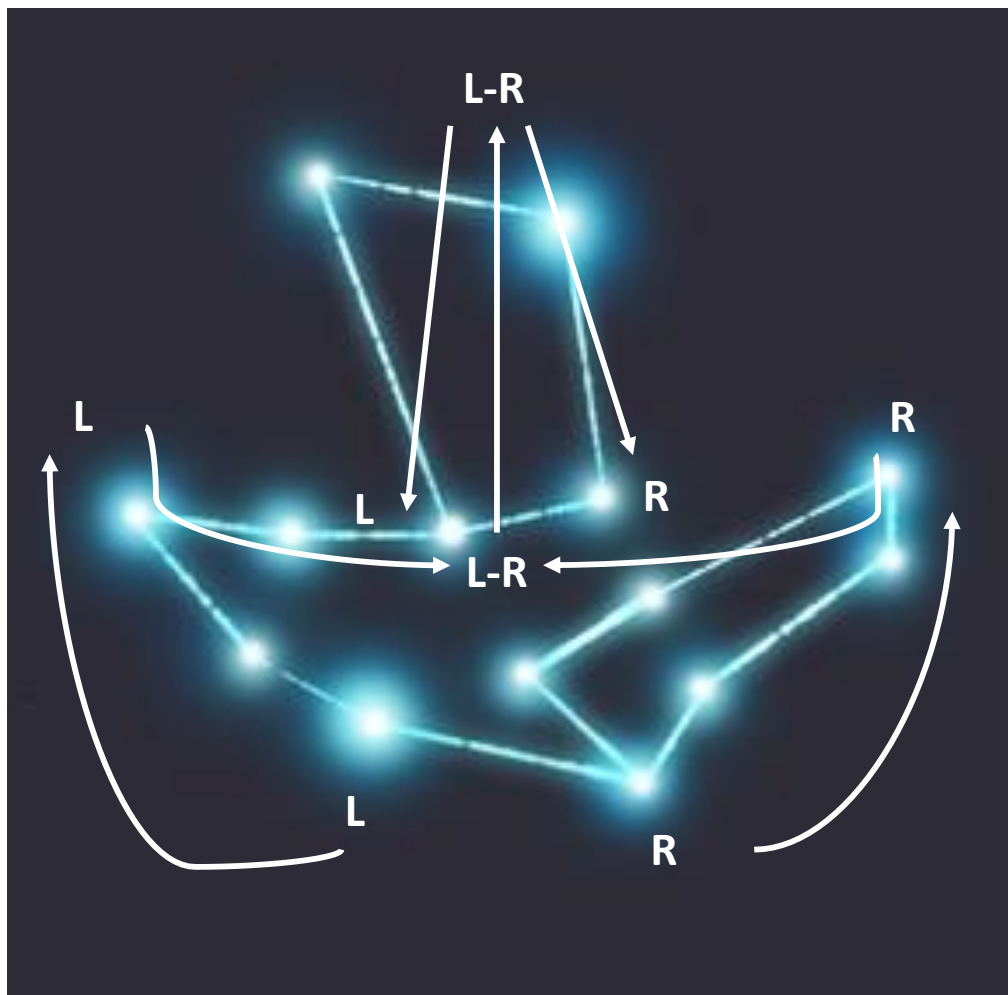
Constellation Manual (continued)

Testudo



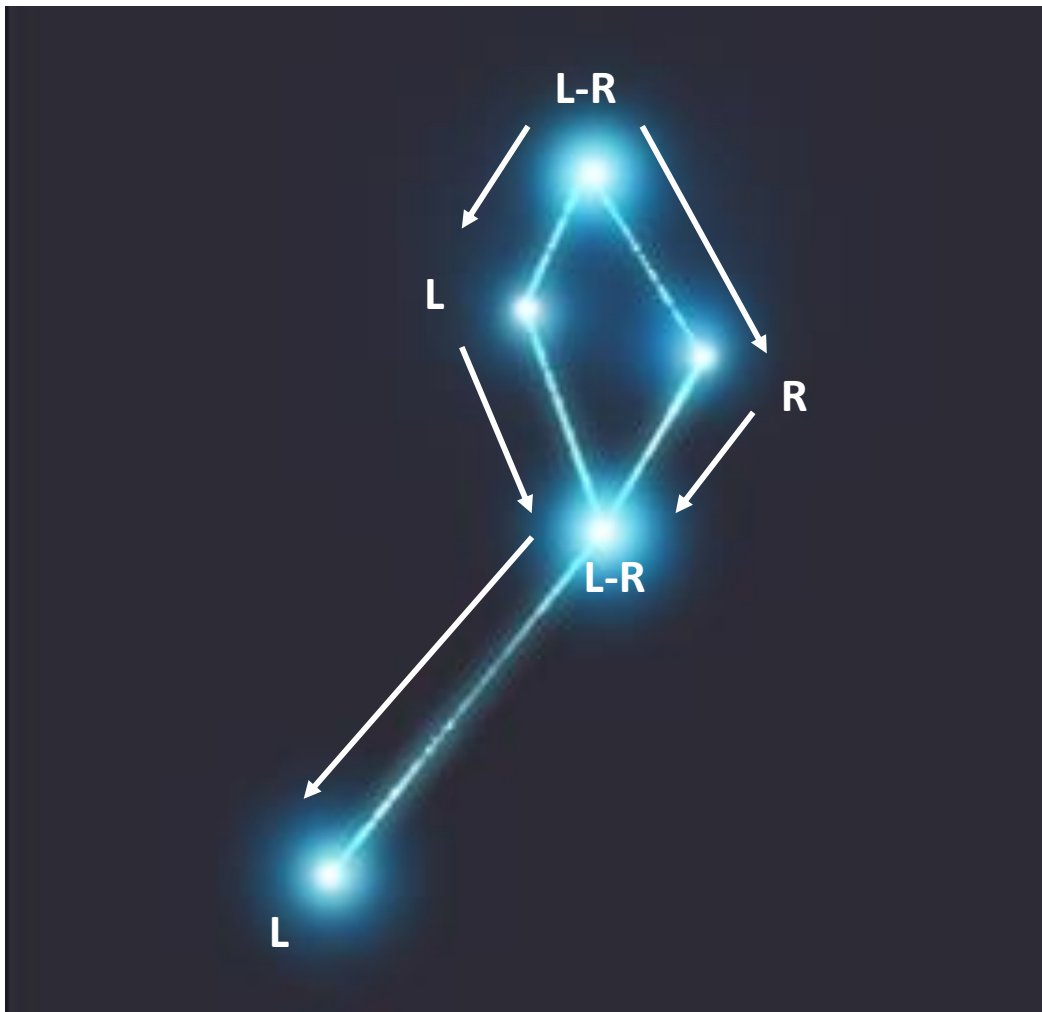
Constellation Manual (continued)

Argo Navis



Constellation Manual (continued)

Delphinus



How Constellations Were Used in the Past

Did you know...

The bright stars in the sky served as a kind of giant GPS for sailors for a very long time. Sailors in the old days were true adventurers, using the stars to find their way across the oceans, just as astromagicians do in the film.

Imagine you're an astromagician navigating on the Misty Sea. Night falls, and you look up into the sky. Overhead, you see stars glistening like diamonds. Those stars are like signals, helping you to keep track of where you are on the immense sea.

Sailors used the stars to determine which way to go. They learned to identify special constellations, like the Big Dipper, which helped them to figure out which way was north.

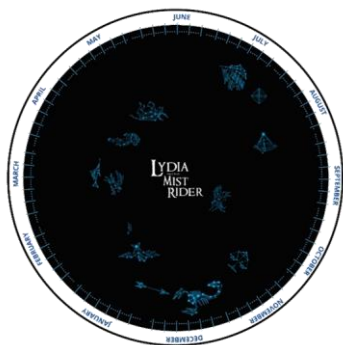
There were also special stars, like the North Star, which barely changed position in the sky. Sailors knew that if they found the North Star, they would know which way was north and would be able to set their course.

In the old days, sailors used special maps called "star charts" to figure out their location. These charts showed the stars in the sky and helped sailors determine where they were.

Even today, the stars are still important for sailors, despite the fact that modern ships have sophisticated electronic tools like GPS*. On occasions when their GPS systems fail, sailors can still count on the stars to guide them reliably.

So next time you look up at the night sky, remember that the stars have guided sailors across the oceans for centuries, and that they continue to shine like faithful friends in the vast expanse of the universe.

*GPS stands for *Global Positioning System*. It's a satellite-based technology that allows users to determine their location anywhere on the globe.



Star Finder | How It Works

A star finder is like a magic map of the sky that helps you locate stars and constellations at night.

Here's a step-by-step guide that explains how to use it.

1. Find the right date

Position the moveable disc of the star finder, lining up the month with the desired time, as indicated on the holder of the star finder.

2. Look in the right direction

On the disc, you'll see: *North, South, East* and *West*. Figure out which way you're looking and line up the star finder in the same direction.

3. Look into the window

In the middle of the star finder, there's an oval window. Inside the oval, you can see the stars that are actually visible in the sky at that moment.

4. Connect the stars

Look at the sky and try to find the stars that are indicated on your finder. When you've spotted a few stars, you can trace the outline of the constellation with your finger in the sky.

The star finder we've made is specially created for the film *Lydia and the Mist Rider*. Here's a link to our YouTube channel, to help you find the magic constellations in our film.

<https://www.youtube.com/@10aveProductions>

Use this QR code to access it!



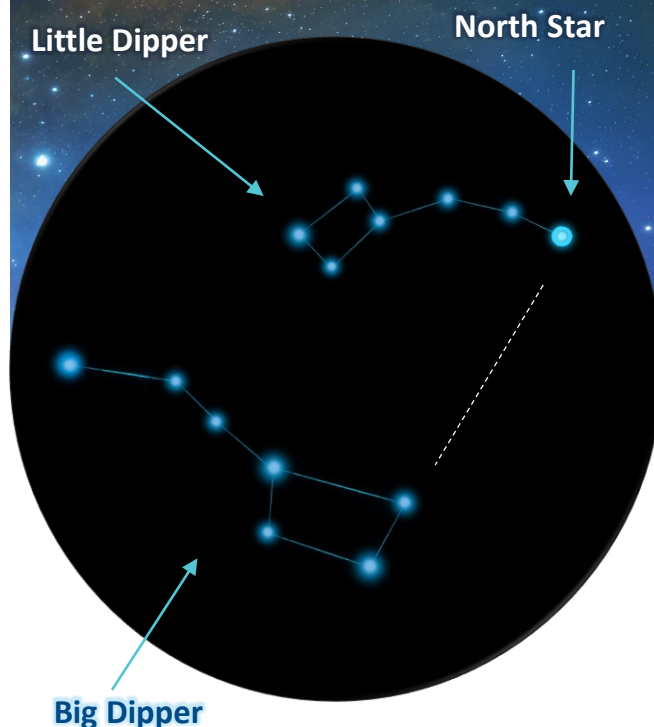
Go to the Online Reference page to see what a real star finder looks like!

Which way is north?

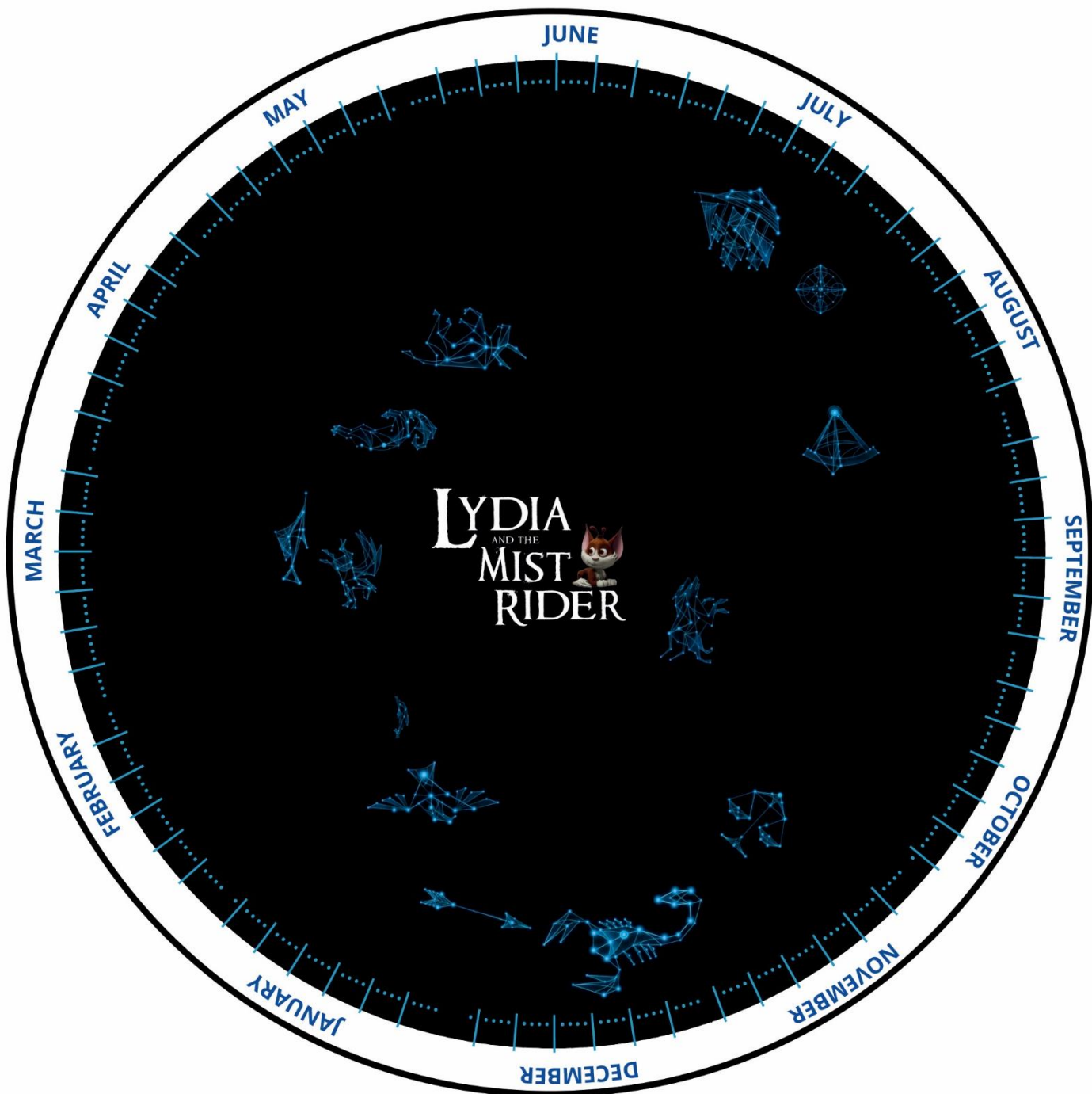
Find the **North Star**
and it will show you which way is north!
It's visible all year round
in the northern hemisphere.

The **North Star** is the brightest star in the **Little Dipper (Ursa Minor)** constellation. It's located at the end of the dipper's handle.

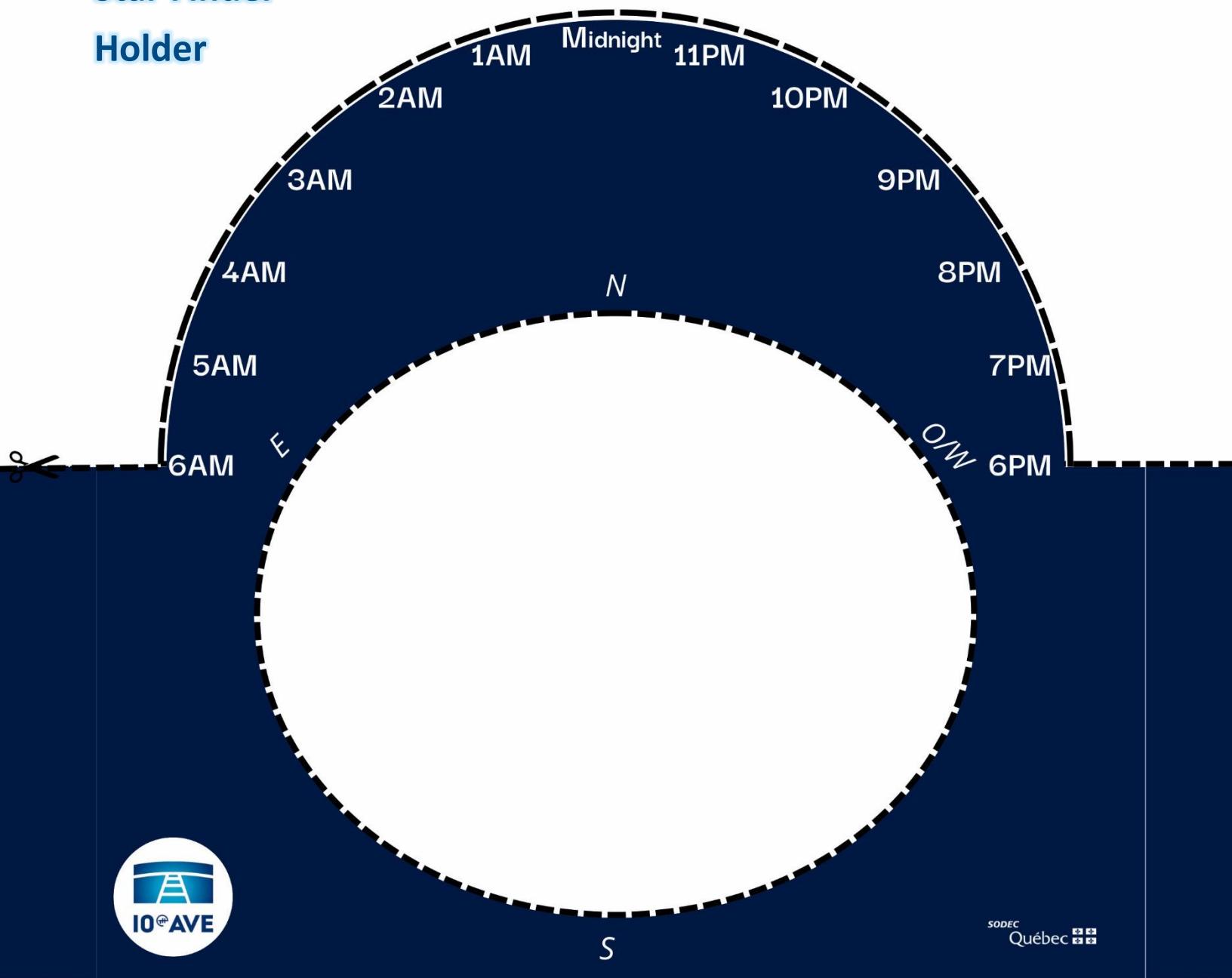
It's also aligned with the front edge of the **Big Dipper (Ursa Major)** constellation.



Star Finder – Disc



Star Finder Holder

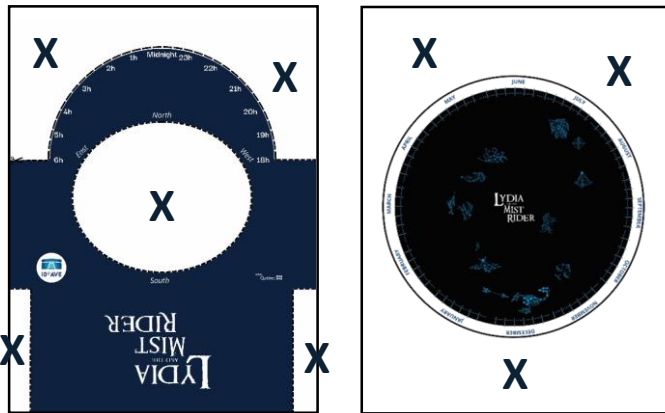


SODEC
Québec

LYDIA
AND THE
MIST
RIDER



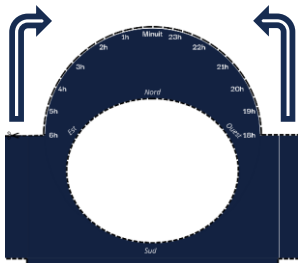
Star Finder Holder – Assembly



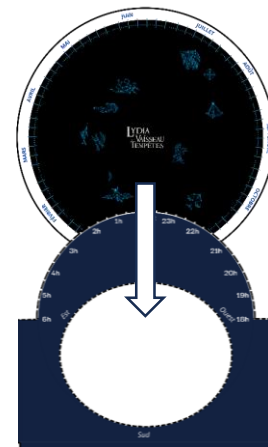
1. Cut away the parts you don't need.



2. Fold back the rectangle to create the holder.



3. Fold the two side tabs to secure the back of the holder. Use tape to keep the tabs in place.



4. Your holder is now ready. All you have to do is insert the star finder's disc, and you're ready to start the activity!

Would you make a good astromagician?

Circle an answer to each question
to find out whether you might be a good candidate!



Do you think you're brave? For example, would you be able to take action in a situation that you found frightening, as though you were struggling against evil forces?

Absolutely | It depends | Not at all



Do you have good physical coordination and synchronization? To perform astromagic, you need to be able to create constellations through hand movements.

Absolutely | It depends | Not at all



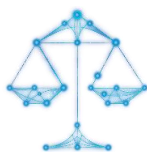
Do you have a strong team spirit? As you saw in the film, teamwork is often necessary for making progress and finding a way to surpass your limitations.

Absolutely | It depends | Not at all



Now give yourself a score for each of your answers, using the point scale below.

Absolutely : 5 points
It depends: 3 points
Not at all : 1 point



Are you determined? To be an astromagician, you have to face challenges. You need to be able to keep working hard even if that's sometimes difficult.

Absolutely | It depends | Not at all



Do you pay attention to details? To be a successful astromagician, you need to perform tasks very precisely, taking great care to get all the details just right, because you're dealing with the world of magic.

Absolutely | It depends | Not at all



Let's see how you did!

If you scored **18 to 25 points**,
you're ready to be an astromagician!

If you scored **11 to 17 points**,
you'll soon be ready to be an astromagician.

If you scored **5 to 10 points**,
you still have a little work to do
before you're ready.

TOTAL : _____

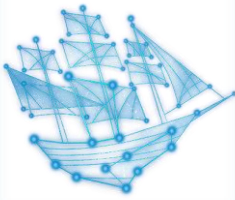
Astromagical Bingo

Colour in each square that contains a quality you possess.

If your coloured squares form a horizontal, vertical or diagonal line, then you have what it takes to succeed!

Group Activity:

In your own words, explain what each of these qualities means to you.

Courage	Strength	Thoughtfulness	Determination	Composure
Attention to detail	Sensitivity to others	Resiliency	Kind heart	Team spirit
Sailing skill	Curiosity		Patience	Agility
Commitment	Desire to do good	Self-confidence	Perseverance	Leadership
Concentration	Knowledge of the Constellations	Carefulness	Resourcefulness	Love of challenges

Memory Quiz

1- What is the maximum quantity of information that your brain can retain?

- a) The equivalent of a 2-hour movie
- b) The equivalent of a 2-day movie (continuous)
- c) The equivalent of a 2-month movie (continuous)
- d) The equivalent of a 2-year movie (continuous)
- e) No limit, the brain can hold a nearly infinite amount of memory!



2- In which region of the brain do we store memories?

- a) In several areas of the brain
- b) On the sides of the brain, in the region called the temporal lobe
- c) On the surface of the brain, in the region called the cortex
- d) At the centre of the brain, in the region called the hippocampus
- e) Directly in the cells of the nervous system, called neurons

3- What kind of memory is very powerful and makes it easy to recall the past?

- a) Tactile memory, such as when you touch a certain texture, like a blanket or teddy bear
- b) Olfactory memory, which is linked to odours, like the smell of a tasty banana bread prepared by a member of your family
- c) Visual memory, such as when you see a place or object that reminds you of a happy time



Memories – Writing Workshop

What are memories for?

Memories help us by recalling our past. They remind us of where we come from, and of the path we've taken to get to where we are. It's often because of our memories that we are who we are today.

They can contain moments of joy, love and laughter, but also occasionally sadness or anger.



Tell us about some memories that are important to you.

A memory involving your family or friends:

A memory of something you achieved, giving you a sense of pride:

A memory of something difficult that you went through, and how it was resolved:

A memory that makes you smile:



Writing Activity – What's Next?

Did the end of the film surprise you?

Would you like the adventure to continue?

Use your imagination and tell us what comes next!

- What will happen to Lydia?
- What will become of the Spellbinder?
- What will Ambrosia's next adventure be?
- What will happen to Lucas?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Seven Differences

Spot 7 differences between the two images below.

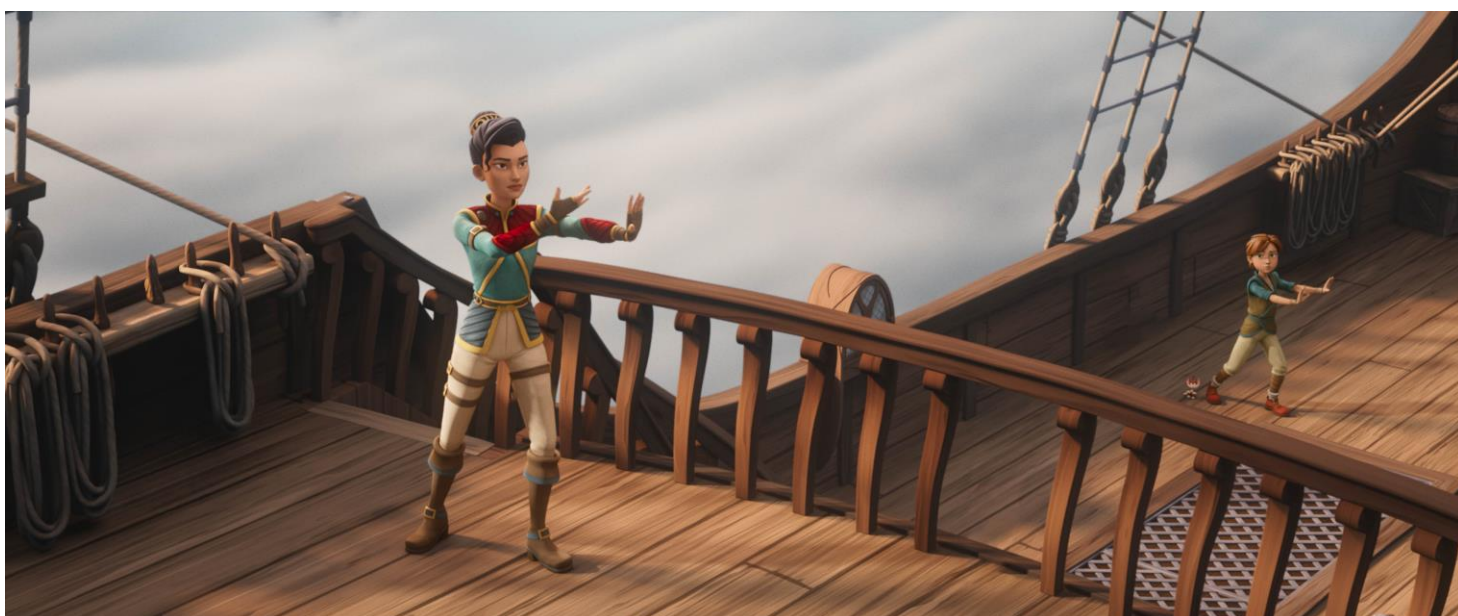
BEGINNER LEVEL



Seven Differences

Spot 7 differences between the two images below.

BEGINNER LEVEL



Seven Differences

Spot 7 differences between the two images below.

INTERMEDIATE LEVEL



Seven Differences

Spot 7 differences between the two images below.

EXPERT LEVEL



Seven Differences

Spot 7 differences between the two images below.

EXPERT LEVEL



Seven Differences

Spot 7 differences between the two images below.

EXPERT LEVEL



Arts & Crafts – Light up Your Constellations

Here's an activity that will allow you to create your own constellations at school or at home.

What you'll need

- 1 cut-out form (available on the next page)
- 1 cardboard roll (a toilet paper roll, for example)
- 1 sheet of black construction paper
- 1 white pencil
- 1 regular pencil, well-sharpened
- 1 pair of scissors
- Adhesive tape
- 1 flashlight



Here's what your tool will look like



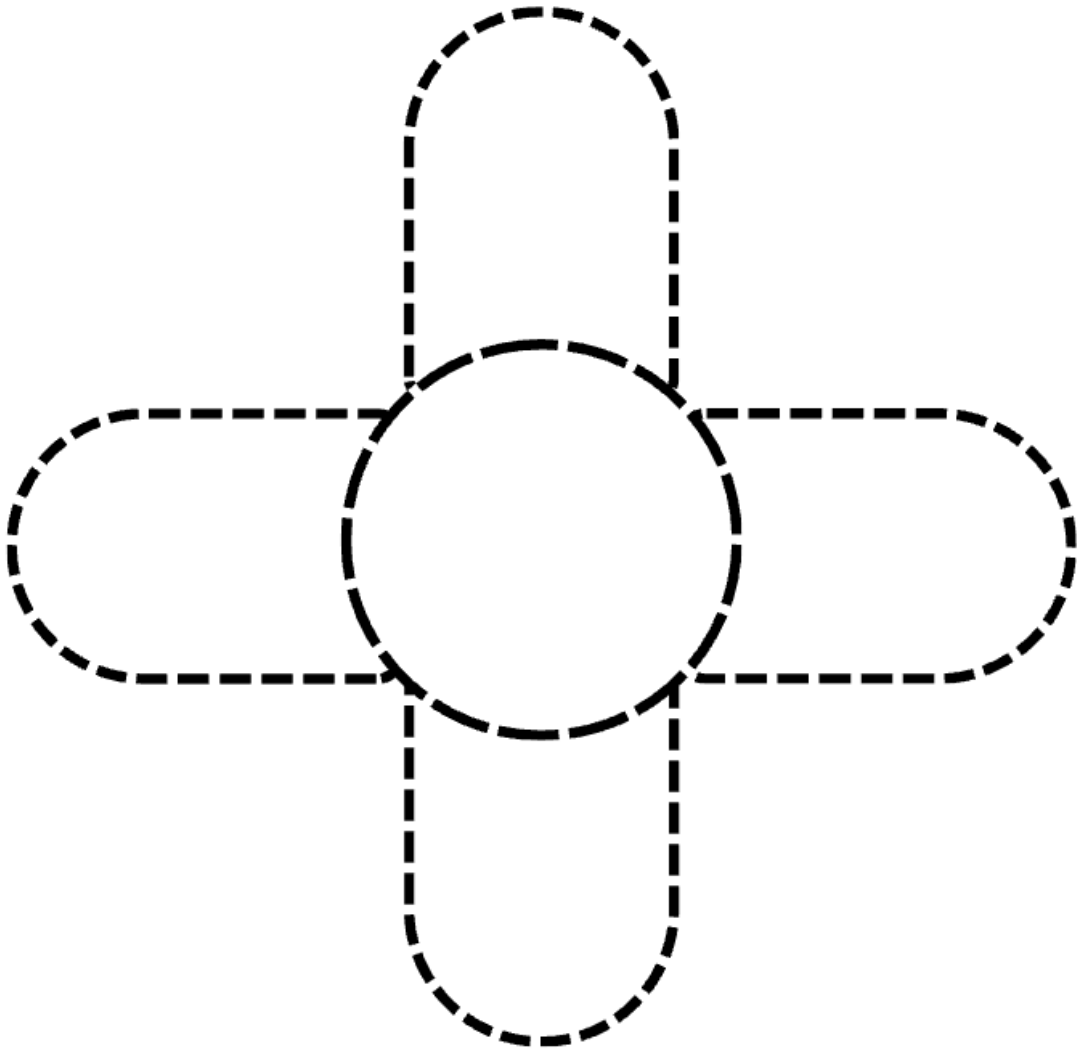
Step-by-step instructions

1. Cut out the form on the next page, so you can use it as an outline for the following step.
2. Take the form you've cut out and place it on your black sheet. Trace its edges, then cut out the resulting shape.
3. Inside the black circle, invent your own constellation! Using the white pencil, draw 4 to 8 dots, then link them with lines to create your own celestial figure.
4. Attach your black cut-out to one end of the cardboard roll, securing it with adhesive tape. Make sure the side with the dots is clearly visible.
5. Use the tip of the pencil to punch little holes through the dots in your constellation. (*You can ask an adult to help you with this step.*)
6. Turn off the lights in the room, aim the shining flashlight into the open end of the roll... and admire the magic! Points of light will display your constellation on the wall in front of you. Wow !

Arts & Crafts – Light up Your Constellations

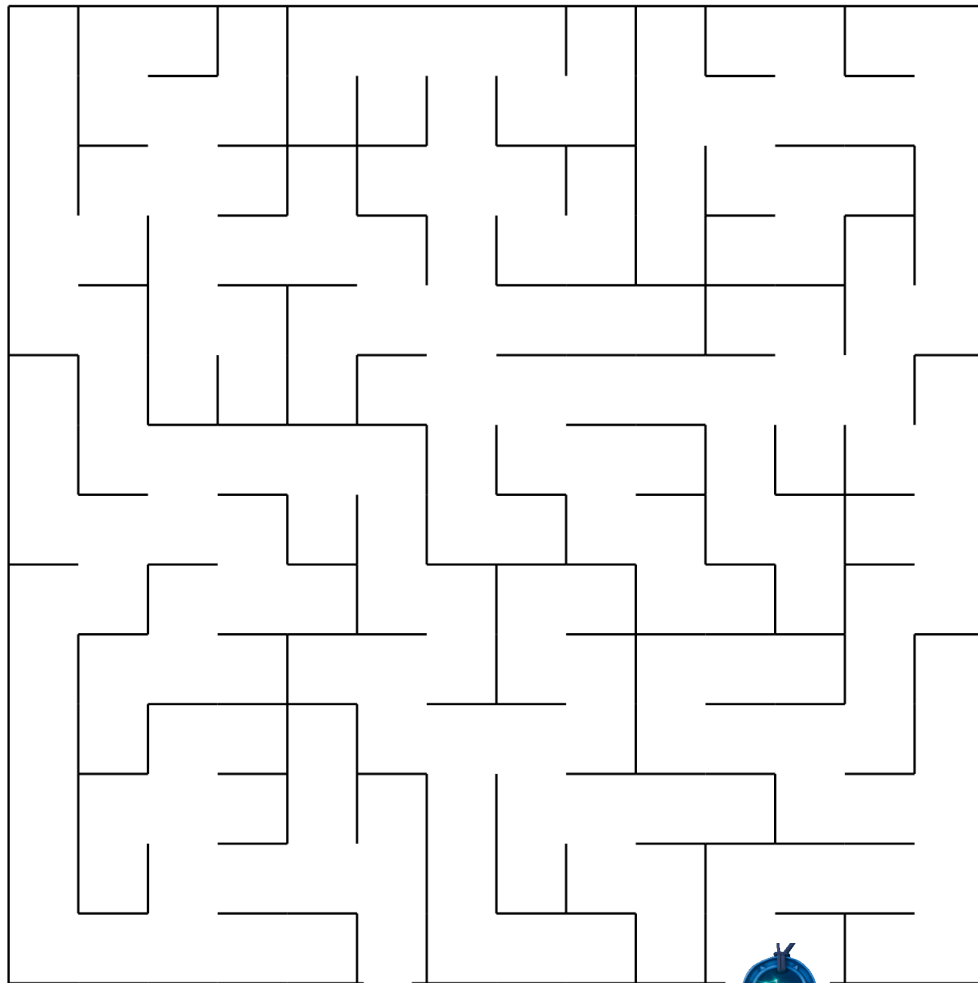
Cut-out form.

Use this form to trace the outline on a sheet of black construction paper.



Maze

Help Critter to find the memory stone at the maze's exit.



Hidden Words

Find the hidden words listed below. They may be oriented in any direction, horizontally, vertically or diagonally, left to right or right to left.

A	I	S	O	R	B	M	A	Q	R	U	I	P	Z
S	M	L	T	S	G	O	S	W	X	C	A	E	L
T	P	W	R	H	A	M	E	M	O	R	Y	G	Y
R	C	E	F	V	A	C	H	A	D	I	O	O	D
O	S	R	L	Z	T	D	U	Y	N	T	R	P	I
M	W	C	M	L	N	B	D	L	I	T	N	O	A
A	X	N	I	I	B	W	N	E	C	E	I	D	K
G	R	O	Y	T	S	I	M	U	U	R	H	I	Y
I	J	N	G	O	A	U	N	K	A	S	P	C	S
C	V	E	S	T	H	E	R	D	F	U	L	T	T
I	W	R	P	B	L	E	S	S	E	V	O	V	O
A	U	A	M	R	S	T	A	R	S	R	D	I	N
N	C	D	E	E	Z	U	L	A	M	L	A	T	E
Z	N	O	I	T	A	L	L	E	T	S	N	O	C

ALMALUZ
CHADIO
DOLPHIN
MEMORY
STONE

AMBROSIA
CONSTELLATION
ESTHER
MISTY
STORM

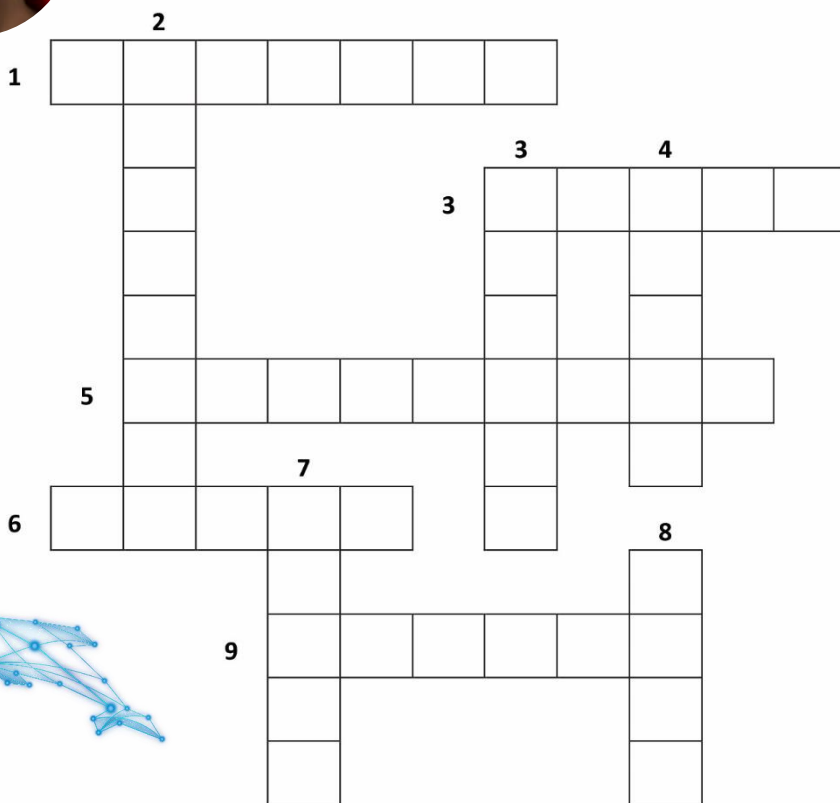
ASTROMAGICIAN
CREW
LUCAS
SPELLBINDER
THADDEUS

CAPTAIN
CRITTER
LYDIA
STARS
VESSEL

Crossword – Sailing on the Dolphin

Find the word associated with each clue and write it in the squares, across or down.

Read the clues carefully, come up with the correct answers and fill in the grid!



Across

1. A ship's commander
3. Lydia searches for her brother in the _____ Sea
5. The right side of a ship
6. Cloth squares that catch the wind and move a ship
9. The name of the Dolphin's commander

Down

2. The name of the Dolphin's astromagician
3. Every astromagician needs a _____ stone
4. The back part of a ship
7. The name of the boy who befriends Lydia
8. The left side of a ship

Solutions

p.5 Important Facts – Questions!

1. B
2. C
3. C
4. C

The writing, visual development and financing of the project took nearly 8 years, and it took 2 more years to produce the film, for a total of 10 years. The film finally came to the screen in 2026!

5. B

p.6 Connection Game: Who Am I?

1. Lydia
2. Critter
3. The Spellbinder
4. Ambrosia
5. Lucas
6. Chadio
7. Esther

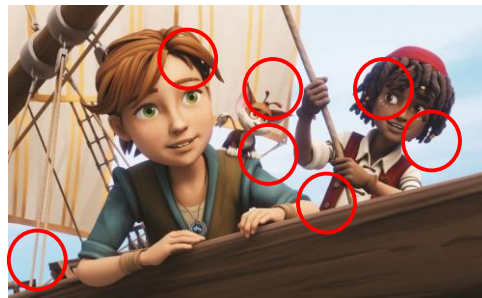
p.8 The Constellations – Did you know...

One revolution takes: 365 days,
which is equivalent to 1 year.

p.26 Memory Quiz:

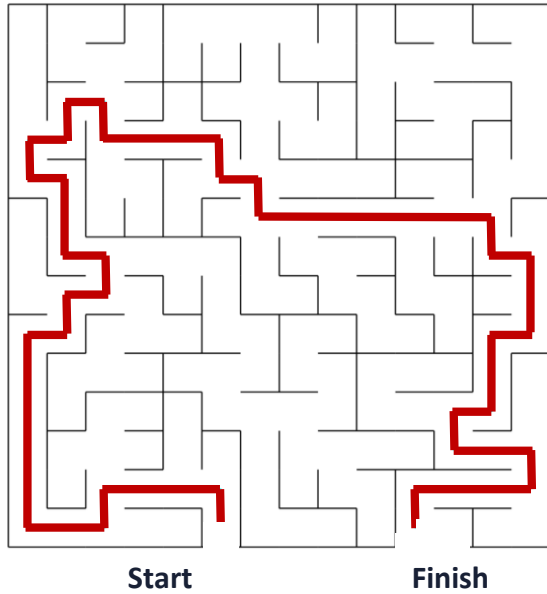
1. E
2. A
3. B

p.29 Seven Differences Game



Answers

p.37 Maze



p.39 Crossword

¹ C	² A	P	T	A	I	N			
	M								
	B						³ M	I	⁴ S
	R								T
	O						E		
⁵ S	T	A	R	B	O	A	M		E
	I						R		R
⁶ S	A	I	⁷ L	S			Y		N
			U						
			⁹ C	H	A	D	I		⁸ P
			A						O
			S						R
									T

p.38 Hidden Words

A	I	S	O	R	B	M	A	Q	R	U	I	P	Z
S	M	L	T	S	G	O	S	W	X	C	A	E	L
T	P	W	R	H	A	M	E	M	O	R	Y	G	Y
R	C	E	F	V	A	C	H	A	D	I	O	O	D
O	S	R	L	Z	T	D	U	Y	N	T	R	P	I
M	W	C	M	L	N	B	D	L	I	T	N	O	A
A	X	N	I	I	B	W	N	E	C	E	I	D	K
G	R	O	Y	T	S	I	M	U	U	R	H	I	Y
I	J	N	G	O	A	U	N	K	A	S	P	C	S
C	V	E	S	T	H	E	R	D	F	U	L	T	T
I	W	R	P	B	L	E	S	S	E	V	O	V	O
A	U	A	M	R	S	T	A	R	S	R	D	I	N
N	C	D	E	E	Z	U	L	A	M	L	A	T	E
Z	N	O	I	T	A	L	L	E	T	S	N	O	C

LYDIA AND THE MIST RIDER



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